



## Redwood Boys Lacrosse Player & Parents Meeting Recap 2015

### Coaches

#### Varsity

Head Coach - Blake Atkins  
Assistant Coach - Patrick Brown  
Assistant Coach - Neil Butterfield

#### JV

Head Coach - Keith Jayne  
Assistant Coach - Alex Casertano

### Pre- season Activity

- Captains Practices - Starting Monday 11/9 - 3 days a week: 3:30 in weight room or black top
- Stein Boot camp - Starting in January

### Season

- Tryouts – on the Lacrosse field - February 8, 9, 10 and 11  
You **must** have completed the online athletic registration to take part in tryouts. This includes uploading your physical clearance form from your doctor.  
Register online here: <http://www.tamdistrict.org//site/Default.aspx?PageID=7078>  
You must also have a 2.0 GPA to tryout and to be part of the team.
- Practice – Starts Feb 15 from 3:30 to 6pm although that time may change based on field availability
- Vacation policy
  - Ski week – the team will be practicing every day, plus Stein sessions
  - Spring break – there will be no team practice except for Varsity and JV there will be a game the first Saturday of break (April 11th) and for JV there will be tournament the second Saturday (April 18th).
- Season schedules are online
  - Varsity <http://www.redwoodlacrosse.org/varsity.html>
  - JV <http://www.redwoodlacrosse.org/jv.html>

### Communication & information

- Team Parents – Chris Elders and Valerie Madison  
**We are looking for a JV parent**
- All this information can be found on the website <http://www.redwoodlacrosse.org>
- Like our Facebook page for alerts and information <https://www.facebook.com/RedwoodLacrosse>

### Parent Volunteers: we will need volunteers for the following

- Timer, scoring and stats: please contact Matt Elders: [mtelders99@yahoo.com](mailto:mtelders99@yahoo.com)
- Snack Bar: need a snack coordinator
- Driving to and from games: need a carpool coordinator

### Fundraising

- We will be requesting a contribution of \$350.00 per player.
- This covers equipping the players and coaches with uniforms and practice gear, purchasing field equipment (cones, balls, nets), pre-season captain's practices, support for athletic training and coaching staff, videos of key games, conditioning programs, sponsorship of end-of-year team events for players and coaches, and end-of-season gifts.
- We may run another fundraiser for specific items later in the season.

## **Team Store**

- First order for **Lacrosse bags** must be submitted by **THIS SUNDAY 11/8-** for Christmas delivery. Cost \$119. Email Valerie Madison [valerie@madisononline.org](mailto:valerie@madisononline.org) with your order and name for the bag.
- **Spiritwear** orders need to be made by **November 13th**.
- All teamstore information is online <http://www.redwoodlacrosse.org/teamstore.html>